Competition schedule - Women

	W35	W40	W45	W50	W55	W60	W65	W70	W75	W80	W85	W90+
100m Heats	28.07	28.07	28.07	28.07	28.07	28.07	28.07	28.07	-	-	-	-
100m Semi-finals	-	-	29.07	29.07	-	29.07	-	-	-	-	-	-
100m Finals	29.07	29.07	29.07	29.07	29.07	29.07	29.07	29.07	29.07	29.07	29.07	29.07
200m Heats	03.08	03.08	03.08	03.08	03.08	03.08	03.08	03.08	-	-	-	-
200m Semi-finals	04.08	04.08	04.08	04.08	04.08	04.08	-	-	-	-	-	-
200m Finals	04.08	04.08	04.08	04.08	04.08	04.08	04.08	04.08	04.08	04.08	04.08	04.08
400m Heats	31.07	31.07	31.07	31.07	31.07	31.07	31.07	31.07	31.07	-	-	-
400m Semi-finals	-	-	31.07	-	-	-	-	-	-	-	-	-
400m Finals	02.08	02.08	02.08	02.08	02.08	02.08	02.08	02.08	02.08	02.08	02.08	02.08
800m Heats	03.08	03.08	03.08	03.08	03.08	03.08	03.08	03.08	03.08	-	-	-
800m Finals	05.08	05.08	05.08	05.08	05.08	05.08	05.08	05.08	05.08	05.08	05.08	05.08
1,500m Heats	-	29.07	-	-	-	-	-	-	-	-	-	-
1,500m Finals	30.07	30.07	30.07	30.07	30.07	30.07	30.07	30.07	30.07	30.07	30.07	30.07
5,000m (ABC)	02.08	02.08	02.08	02.08	02.08	02.08	02.08	02.08	02.08	02.08	02.08	02.08
10,000m	28.07	28.07	28.07	28.07	28.07	28.07	28.07	28.07	28.07	28.07	28.07	28.07
80/100/110m Hurdles – Heats	-	02.08	02.08	02.08	02.08	02.08	-	-	-	-	-	-
80/100/110m Hurdles – Final	04.08	04.08	04.08	04.08	04.08	04.08	04.08	04.08	04.08	04.08	04.08	04.08
200/300/400m Hurdles – Heats	-	29.07	29.07	29.07	-	29.07	-	-	-	-	-	-
200/300/400m Hurdles – Finals	30.07	30.07	30.07	30.07	30.07	30.07	30.07	30.07	30.07	30.07	30.07	30.07
Steeplechase	31.07	31.07	31.07	31.07	31.07	31.07	31.07	31.07	31.07	31.07	31.07	31.07
Race Walk – Track	31.07	31.07	31.07	31.07	31.07	31.07	31.07	31.07	31.07	31.07	31.07	31.07
Race Walk – Road	03.08	03.08	03.08	03.08	03.08	03.08	03.08	03.08	03.08	03.08	03.08	03.08
Half Marathon	06.08	06.08	06.08	06.08	06.08	06.08	06.08	06.08	06.08	06.08	06.08	06.08
Long Jump	31.07	31.07	31.07	31.07	31.07	31.07	31.07	31.07	31.07	31.07	31.07	31.07
High Jump	06.08	06.08	06.08	04.08	04.08	04.08	04.08	04.08	05.08	05.08	05.08	05.08
Pole Vault	30.07	30.07	02.08	02.08	02.08	02.08	29.07	29.07	29.07	29.07	29.07	29.07
Triple Jump	29.07	29.07	29.07	29.07	29.07	29.07	29.07	29.07	29.07	29.07	29.07	29.07
Shot Put	29.07	29.07	29.07	29.07	02.08	02.08	30.07	30.07	31.07	31.07	31.07	31.07
Javelin Throw	02.08	02.08	02.08	02.08	30.07	30.07	02.08	02.08	02.08	02.08	02.08	02.08
Discus Throw	31.07	31.07	31.07	31.07	31.07	31.07	31.07	31.07	30.07	30.07	30.07	30.07
Hammer Throw	03.08	03.08	03.08	03.08	03.08	03.08	03.08	03.08	03.08	03.08	03.08	03.08
Weight Throw	28.07	28.07	28.07	28.07	28.07	28.07	28.07	28.07	28.07	28.07	28.07	28.07
Throwing Pentathlon	05.08	05.08	05.08	05.08	05.08	05.08	05.08	05.08	05.08	05.08	05.08	05.08
Multi Event – Day 1	27.07	27.07	27.07	27.07	27.07	27.07	27.07	27.07	27.07	27.07	27.07	27.07
Multi Event – Day 2	28.07	28.07	28.07	28.07	28.07	28.07	28.07	28.07	28.07	28.07	28.07	28.07
4x100m Relay	05.08	05.08	05.08	05.08	05.08	05.08	05.08	05.08	05.08	05.08	05.08	05.08
4x400m Relay	06.08	06.08	06.08	06.08	06.08	06.08	06.08	06.08	06.08	06.08	06.08	06.08
4 km cross-country running	30.07	30.07	30.07	30.07	30.07	30.07	30.07	30.07	30.07	30.07	30.07	30.07